

**Northamptonshire Branch**

**Summer 2021**



**Welcome to the Summer edition of  
our local branch newsletter**

# WELCOME

Welcome to the Summer 2021 edition of our newsletter. I hope that you are enjoying the summer weather and coping with the restrictions that still remain. Hopefully, there is an end in sight and we will be able to meet together again before too long.

Congratulations to Kate on her wonderful fund-raising 7 in 7 challenge. I am sure we all really appreciate the efforts so many people are making to raise money for the MND.

I know that most of us have been supported through this difficult period by many different people but I would particularly like to thank the staff at Cynthia Spencer and our own AVs for all that they have done to keep us safe and sane during this pandemic.

Margaret Waller

## Hello Everyone



Hello Everyone.

We hope you are all keeping well and looking forward to a little more freedom when lockdown restrictions ease.

Over the next few weeks and months, as the Prime Minister has said, we must proceed with caution, keeping our distance, wearing masks where needed and using hand sanitation. The pandemic is not over yet but, with many of us having been vaccinated, we can think about meeting people a little more. We are hoping to be able to hold some of our face to face meetings maybe in the Autumn, we will keep you up to date either by phone, email or through our Association Visitors.

I have successfully completed my 7 in 7 challenge raising funds for the Northants Branch. Inspired by Kevin Sinfield's 7 marathons in 7 days, the association set up the 7 in 7 challenge. I decided that I could play golf, 7 rounds of 18 hole golf in 7 days. From May 21st—May 27th inclusive and mostly avoiding the rain, I have raised £1351. The photos are of the start and finish of my challenge. The Just Giving page is still open should you wish to support the challenge.

[www.justgiving.com/fundraising.kate-inchley7in7](http://www.justgiving.com/fundraising.kate-inchley7in7)

Thank you

Kate Inchley

## Advance Notice

On Saturday, February 22nd, 2022 11am

Roger Smith Memorial Service at St Mary's Church, Knox Road, Wellingborough, NN8 1PX

Featuring Northampton and District Organists Association.

There will be no charge but a collection plate for donations, the monies being split between St Mary's Church and Northants Branch MND Association.

There will also be a cake stand and all monies from this will go to Northants Branch MND Association.

Kate Inchley

## Northants Branch Committee

The Northants Branch are looking for new committee members to join us to help support local people affected by MND and the wider work of the association. Our activities include raising much needed funds and awareness around the county as well as providing support directly to those living with MND.

We would particularly like some assistance with secretarial duties and social media but would love to hear from you if you could help in any way, the only requirements are enthusiasm and a wish to make a difference .

From April 2022 we will be needing a new Chairperson to lead us going forward. If you would like more details about this then please get in touch for a chat.

We are a small friendly team and meet for branch meetings 6 times a year which recently is on Zoom.

Anyone interested should contact

Neil Penson Area Support Coordinator

Phone 01604 611893 Email [neil.penson@mndassociation.org](mailto:neil.penson@mndassociation.org)

## Future Change

Northants Branch Contact

The branch will have a new Branch Contact from

Monday, July 12th 2021

Should you have the need to call, please ring Diana Smith

Telephone 07756 864 614

Thank you

# SERVICES EXPLAINED

**Motor Neurone Disease Association, PO Box 246, Northampton, NN1 2PR**

**Telephone: 01604 250505**

**Membership**—This is free to people living with MND and their carer. As a member of the Association you will receive a membership card, our regular magazine *Thumbprint*, full of information—the latest news in care and research as well as features on how some families cope daily with MND. Automatic link to your nearest branch/group and opportunities to get involved at a local level. Invitations to the conferences and seminars we organise. Our *Annual Review/Impact Report* which outlines our progress made over the last financial year and our plans for the year to come. Full membership also entitles you to elect Association trustees and vote at the Annual General Meeting. If you are interested in becoming a member, please contact MND Connect.

**MND Connect**— 0808 8026262—a helpline available Monday-Friday 9am-5pm, 7pm-10:30pm (charged at local rate) and email service [mndconnect@mndassociation.org](mailto:mndconnect@mndassociation.org). Provide advice on all aspects of MND. They can also post information about MND and support available.

**Service Development Manager (SDM): Scott Maloney 01604 800634**

**Area Support Coordinator (ASC): Neil Penson 01604611893**

**Equipment Loan**— a limited range of equipment is available where not obtainable from statutory services. Requires a written referral from the relevant health or social care professional.

**Financial support**— towards items not available from statutory services. Requires referral from relevant health or social care professional.

Registered Office: Motor Neurone Disease Association

Francis Crick House, 6, Summerhouse Road, Moulton Park Industrial Estate, Northampton, NN3 6BJ

Telephone: 01604 250505

Registered charity number— 294354

## **Northamptonshire Local Branch**

**Open Meetings** Local support from people in the area who are familiar with the effects of MND. The branch holds bi-monthly meetings for anyone with, or interested in, MND at St Matthew's Church Parish Centre (Contact details on next page)

**Association Visitors (AVs)**- are volunteers who offer advice and support to anyone affected by MND, either face to face, via telephone or by email. Please contact your RCDA on the number above for more information.

**Social Gatherings** are occasional opportunities for people affected by MND to come together informally in a safe, friendly environment. Transport can be arranged if necessary.

**Lunchtime Support Group** is another opportunity to meet informally to share experiences.

It is usually held on the 1st Wednesday of every month at the restaurant in the Garden Centre (next to Waitrose), Newport Pagnell Road, Wootton, Northampton, NN4 6HP. There is no need to book— just come along but, if possible, arrive by 11:45. Free for anyone with MND and their carer.

# NORTHAMPTONSHIRE BRANCH CONTACTS

**Patron: Dr John Smith**

<b>Chair</b>	Kate Inchley	01933 667616 <a href="mailto:inchleyk@gmail.com">inchleyk@gmail.com</a>
<b>Vice Chair</b>	Robert Nixon	01933 229602 <a href="mailto:robchnixon3@talktalk.net">robchnixon3@talktalk.net</a>
<b>Secretary</b>		
<b>Treasurer</b>	Colin Byer	07779 225760 <a href="mailto:colin.byer@gmail.com">colin.byer@gmail.com</a>
<b>Branch Contact</b>	Kate Inchley	01933 667616 <a href="mailto:inchleyk@gmail.com">inchleyk@gmail.com</a>
<b>Newsletter</b>	Margaret Waller	07460 670655 <a href="mailto:margaretmwaller@hotmail.co.uk">margaretmwaller@hotmail.co.uk</a>

**Association Volunteers (AVs):** Joan Randell, Angela West, Margaret Robinson, Annette Liddon, Heidi LeBon and Deborah Bull

**Committee Members:** Jackie Atkins, Dave Atkins, Priscilla Davies, Sally Wilkins and Diana Smith

**Website:** [www.mndnorthants.org.uk](http://www.mndnorthants.org.uk) **email:** [enquiries@mndnorthants.org](mailto:enquiries@mndnorthants.org)