

## Northamptonshire Branch

**JUNE 2015**



A warm welcome to  
the summer edition of our newsletter

## AGM April 12<sup>th</sup> 2015

Twenty five people attended the recent AGM of Northants Branch MND Association.

The chair welcomed members and guests and apologies were received. Minutes of the previous AGM were discussed, agreed and signed.

The chair reported on a busy and profitable year with many events throughout the year April 2014 --- April 2015. Our usual fundraisers again supporting us with golf days, a quiz night, music evenings, a concert, bake-it days and coffee mornings. We attended a couple of Medical Matters Awareness Days and attended the Association AGM and Conference in September.

Highlights of the year were the film of Stephen Hawking and his first wife Jane, their love and the battle with MND, Professor Hawking is a Patron of the Association. We had collections at two cinemas whilst the film was being shown, raising £444.19 for the branch. A charity "Walk for a Cause" presented the branch with a cheque £1,000 The Ice Bucket Challenge went global raising over £7 million for the Association and over \$100 million in U.S.A. Our Charter Campaign finished at midnight May 6<sup>th</sup>, all collected names will be presented at Downing Street in the hope to get better services for people with MND. The Chair expressed our grateful thanks to all who help and support us throughout the year.

The treasurer presented his report with a healthy balance at the year end the report was agreed and adopted. Election of officers came next with Chair, Treasurer, Vice Chair staying the same, and with the secretary standing down a new secretary was nominated, proposed, seconded and agreed. The committee remains the same.

Rob Nixon received his 10 year Long Service Award from Neil Penson our V.D.C.





Kate presented flowers to Walt Loweth and Shirley Botterill. Walt and Shirley make sure the hall is open for us and stay and lock up afterwards for our open meetings, this is really appreciated.

Our guest speaker was Donna Young the Regional Fundraiser for Northants. It was the first time Donna had visited us as she was new to our area, she spoke of her role as a fundraiser and offered her help with any events we were planning.



The afternoon finished with tea, cakes and chat.

## FUNDRAISING

### Bric-a-Brac Sale

Thank you to Walt Loweth for once again booking a table for the annual sale at Kingsley Park Methodist Church, Northampton on Saturday, 7<sup>th</sup> March 2015. Kevin, Walt, Shirley and Margaret joined other charities taking part while church members sold refreshments. The money raised was £50.

Monday 4<sup>th</sup> May 2015

## St Marks Church Kingsthorpe Northampton

The church organised a Spring Fair and beside their own stalls provided space for car booters and tables for hire. I contacted Jackie and David Atkins to see if they had sufficient stock and it was decided we could manage Tombola and Bric-a-brac so I booked two tables. Margaret Batchelor also offered to help.



The day arrived and the sun was shining brightly, much to my relief, as we were outside in the open air which apparently I had forgotten to tell Jackie and Dave. We would have been able to go inside, in the church, if it had rained, but it proved unnecessary. Maureen Sanders came along with quite an amount of items for sale so we hired another table.



We were kept quite busy during the morning, occasionally fortified with cups of coffee and the odd bacon butty, right up to 12.00pm. We finished with the sum of £125.10 in the kitty much to Jackie's delight. I also managed to collect a few more signatures to the Charter, so a morning well spent. My thanks to Jackie and David, Margaret and Maureen.

Derrick Peasland



## A MUSICAL EVENING



The concert held on 15<sup>th</sup> May was a great success.

Entertainment by Wollaston Theatrical Singers and Andy Clarke guitarist was enthusiastically accepted by all who came.

The singers sang a selection of songs including The Rhythm of Life, California Dreaming, One More Day, medleys from The Lion King, Wicked, SisterAct and a father and son duet Me and My Shadow.

Andy played a selection of guitar solos from the Shadows repertoire, a couple of arrangements he had done himself and finished his spot with some Johnnie Cash numbers which he sang to.

We had a very good raffle which raised £152. The total for the evening was £375.

The Windmill Club in Rushden proved a very good venue for this event, the staff were extremely helpful and with the bar being available a very good evening was had by all.

Kate Inchley

***Northamptonshire Carers***

123 Midland Road

Wellingborough

NN8 1LU

Tel: 01933 677837

Carers Support Line: 01933 677907

Website: [www.northamptonshire-carers.org](http://www.northamptonshire-carers.org)

Local Giving: [www.localgiving/northamptonshire-carers](http://www.localgiving/northamptonshire-carers)

- Great Carers 'Bake Off', details still being finalised but if you would like to know more about how to enter, contact the office on Tel: 01933 677837
- Needs & Aspirations – new booklet of opportunities are now available direct from NVCA on Tel: 01933 396382, email: [info@nvca.org.uk](mailto:info@nvca.org.uk) or there is a link on our website: <http://www.northamptonshire-carers.org/just-for-carers/training-for-carers/>
- Due to the implications of the new Care Act which came into force, our Carers Support Line is experiencing a high demand of calls at the moment, please bear with us whilst we get over this initial period of change
- National Carers Week 8<sup>th</sup> – 13<sup>th</sup> June 2015, details are starting to be confirmed and can be found on our website: <http://www.northamptonshire-carers.org/national-carers-week-10th-17th-june-2013/>
- Past copies of our Monthly Bulletins can be obtained from our website at: <http://www.northamptonshire-carers.org/newsletters/>
- Spaces are still available on our Take A Break Trip to Cambridge on Thursday 21<sup>st</sup> May.

Northamptonshire Carers offer advice and support for all carers

## AFTERNOON TEA DROP-IN



Please come and join us for afternoon tea at the Garden Centre, Newport Pagnell Road, Wootton.

We have changed from a lunch time get together to an afternoon between 2.00 and 4.00 pm. on the first Wednesday of each month. The garden centre is not so busy in the afternoon and because it is not so crowded, there is more room.

This an opportunity to meet informally to share experiences of living with MND and to support each other.

The Northamptonshire branch of the MND Association will pay for afternoon tea (or a more suitable alternative) for anyone with MND and a carer.

We are usually joined by some of the branch committee, Association Visitors (AVs), former carers and staff from the MND Association. All of whom have contributed in some way to striving to ensure we receive the best care and treatment in coping with MND.



There is no need to book, just come along for a light hearted chat and a cuppa!!!

Wednesday 3<sup>rd</sup> June  
Wednesday 1<sup>st</sup> July  
Wednesday 5<sup>th</sup> August  
Wednesday 2<sup>nd</sup> September  
Wednesday 7<sup>th</sup> October

## **Walk to D'feet**

**Sponsored Charity Walk**

**Northants Branch MND Association**

**Saturday June 27<sup>th</sup> 2015**

**Irchester Country Park**

**Gypsy Lane Little Irchester**

**Wellingborough NN29 7DL**



Registration from 9.30am (The park does not open until 9am)

The walk will commence approx. 10am

3 different trails, map, and details available

Wheel chair access to most places and dogs are allowed

Sponsorship and registration forms available from

Kate 01933 667616 [inchleyk@gmail.com](mailto:inchleyk@gmail.com)

You can set up your own giving page should you wish to do so just go to [www.justgiving.com](http://www.justgiving.com) enter WTD MND for Northants Branch of MND Association in the my story slot.

Sponsors who are UK Tax payers can opt to add Gift Aid to their donation (currently 25p for every £1)

There is a Café and Public Toilets, have a look at the website there is lots for the children to do. You can also bring a picnic as there are plenty of places to do this.

Each walker will receive a Walk to D'feet T-shirt at the start of the walk and a certificate on completion.

Remember to put your size on the registration form - Medium or X-Large

**We hope to see you there!!**



# SERVICES EXPLAINED

**National Office**  
**Motor Neurone Disease Association, PO Box 246, Northampton NN1 2PR**  
**Telephone: 01604 250505**

**Membership** – This is free to people living with MND and their carer. As a member of the Association you will receive a membership card, our regular magazine *Thumb Print*, full of information - the latest news in care and research, as well as features on how some families cope daily with MND. Automatic link to your nearest branch/group and opportunities to get involved at a local level. Invitations to the conferences and seminars we organise. Our *Annual Review/Impact Report* which outlines our progress made over the last financial year and our plans for the year to come. Full membership also entitles you to elect Association trustees and vote at the Annual General Meeting. If you are interested in becoming a member, please contact MND Connect

**MND Connect** – 08457 626262 - a helpline available Monday - Friday 9am -5pm, 7pm - 10.30pm (charged at local rate) and email service [mndconnect@mndassociation.org](mailto:mndconnect@mndassociation.org). Provide advice on all aspects of MND. They can also post information about MND and support available

**Regional Care Development Adviser (RCDA)** Rachel Boothman – 08453 751830 [rachel.boothman@mndassociation.org](mailto:rachel.boothman@mndassociation.org) – assisting with advice and support on care management and service development in your area.

**Volunteering Development Co-ordinator (VDC)** Neil Penson 01604 611686 [neil.penson@mndassociation.org](mailto:neil.penson@mndassociation.org) VDCs work with existing branches and groups to develop and build on good practice. This includes the recruitment and induction of branch officers. They are also involved in setting up new branches and groups in areas where there is little support for people with motor neurone disease.

**Equipment Loan** - a limited range of equipment is available where not obtainable from statutory services. Requires a written referral from the relevant health or social care professional

**Financial Support** - towards items not available from statutory services. Requires referral from relevant health or social care professional

## Northamptonshire Local Branch

**Open Meetings** Local support from people in the area who are familiar with the affects of MND. The branch holds bi-monthly meetings for anyone with, or interested in, MND at St Matthews Church Parish Centre. (Contact details on next page).

**Association Visitors (AVs)** are volunteers who offer advice and support to anyone affected by MND, either face to face, via telephone or email. Please contact your RCDA on the number above for more information.

**Social Gatherings** are occasional opportunities for people affected by MND to come together informally in a safe, friendly environment. Transport can be arranged if necessary.

**Afternoon Tea Drop-In** is another opportunity to meet informally. It is usually held on the 1<sup>st</sup> Wednesday of every month from 2.00 – 4.00 pm at the restaurant in the Garden Centre, Newport Pagnell Road, Wootton, Northampton NN4 6HP. There is no need to book – just come along. Free for anyone with MND and their carer.

# NORTHAMPTONSHIRE BRANCH CONTACTS

## ***Patron Rev Dr John Smith***

<b>Chair</b>	Kate Inchley	01933 667616	<a href="mailto:inchleyk@gmail.com">inchleyk@gmail.com</a>
<b>Vice Chair</b>	Robert Nixon	01933 229602	<a href="mailto:robchnixon@talktalk.net">robchnixon@talktalk.net</a>
<b>Secretary</b>	Gerry Skipper-byer	01536 723304 07861 610323	<a href="mailto:gedda1064@gmail.com">gedda1064@gmail.com</a>
<b>Treasurer</b>	Colin Byer	07779 225760	<a href="mailto:colin.byer@yahoo.co.uk">colin.byer@yahoo.co.uk</a>
<b>Branch Contact</b>	Kate Inchley	01933 667616	<a href="mailto:inchleyk@gmail.com">inchleyk@gmail.com</a>
<b>Newsletter</b>	Chris Hull		<a href="mailto:chull1@waitrose.com">chull1@waitrose.com</a>
<b>Website</b>	Derrick Peasland	01604 454870	<a href="mailto:dellpea@ntlworld.com">dellpea@ntlworld.com</a>

## ***Association Volunteers (AVs)***

*Joan Randell, William Standerwick, Angela West, Margaret Robinson, Joanne Burkimsher, Tracey Dixon and Annette Liddon*

## ***Committee Members***

*Kevin White, Derrick Peasland, Jackie Atkins, Dave Atkins, Maureen Sanders, Christine Hull, Priscilla Davies, Ali Buttress and Sally Wilkins*

E-mail address: [enquiries@mndnorthants.org.uk](mailto:enquiries@mndnorthants.org.uk)

Website: [www.mndnorthants.org.uk](http://www.mndnorthants.org.uk)

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10-15 Notre Dame Mews  
Northampton NN1 2BG

Registered charity number – 294354