

WELCOME to an informal lunchtime get together for anyone affected by MND

This is an opportunity to meet and share experiences



Soup, a toasted sandwich, a hot meal or a filled baked potato and coffee or tea are free to anyone with MND and their carer

We meet on the first Wednesday of each month in the restaurant area of the Garden Centre in Wootton, Northampton NN4 6HP

There is no need to book but please arrive by 11.45 so that your order can be taken

DATES FOR 2018

January
3rd

February
7th

March
7th

April
4th

May
2nd

June
6th

July
4th

August
1st

September
5th

October
3rd

November
7th

December
5th